## District Contest 2024

## Baking and Pastry Arts

The purpose of the competition is to evaluate each competitor's preparation for employment and recognize outstanding students for excellence and professionalism in the baking and pastry arts field.

## Menu

| Item | Display |
| :---: | :---: |
| 4" Sugar Cookie | 6 cookies |
| Apple Galettes | 3 galettes |
| Creme Patissiers | To fill 4 Pâte à Choux <br> plus 2 oz for evaluation |
| Pâte à Choux <br> Eclairs and cream puffs | 4 filled, with no garnish <br> and 2 unfilled |
| 8" Layer Cake |  |
| Cake decorated to order with fillings and icing provided | Iced and decorated |
| Knife Skills | 4 raw apple pieces medium dice |

## Written Test

## 4 Hour Time Limit

## General Guidelines

1. The contest will be geared toward the commercial (retail) baking business rather than commercial restaurant business.
2. No cell phones, computer, iPhones or similar electronic devices will be allowed. Basic calculators are and will be allowed, if needed.
3. There will be an open question and answer session with the technical committee at orientation. If a contestant is late and misses the session, the questions will not be repeated or re-answered. Be On Time! Students will need to be in competition dress at the time of orientation. Kit check will also happen at orientation.
4. Due to limited supplies, spoiled or burned supplies or items will not be replaced.
5. Only contestants and judges will be allowed in the contest area(s). If an advisor wishes to take a photo of their students this will not be allowed until the contest is complete.
6. Late products will be judged but no score will be awarded.
7. Contestants must have the technical chairperson check their station in order to leave. Clean up is part of their score.
8. Kitchen and oven space are limited. Only $1 / 2$ sheet pans will be allowed.
9. Sharing of baked products is forbidden and contestants will not be awarded points
10. Contestants will need to provide all small wares needed for preparation (see included list). No additional equipment, supplies, or ingredients will be allowed, unless approved by the judges and made available to all contestants.
11. Recipes MAY NOT BE ALTERED by editing/adding/omitting any ingredients amounts in the formulas. The goal is a consistent product using standardized recipes.
a. The only exception will be the addition of powder sugar to the buttercream icing. Because of the heat from the kitchen the icing begins to get soft, even if on ice. Students will be allowed to add powder sugar to their buttercream.
12. This contest is meant to be FUN and EDUCATIONAL! If you every feel overwhelmed and cannot continue speak to a judge. We are here for you!
13. In the event that pastry flour is not provided, students will substitute all-purpose flour.
14. Refrigerators and freezers are provided to chill pie dough and cookie dough only;
15. Resume Requirement: All competitors must create a one-page hard copy resume and submit online. Students can bring a hard copy to orientation as back up. No resume will result in a 10 point penalty.
16. PD Test must be taken during the window for the district. Failure to take the test online will result in no points added to contest score.
17. A written test for this contest relating to commercial baking will be part of the score.
18. To prepare to compete practice your timing and executing the recipes within a 4 hour window.

## Uniform \& Dress

***All contestants must follow all uniform and dress code guidelines as defined in the SkillsUSA National Technical Standards for the Commercial Baking Contest Below are a few HIGHLIGHTS of the standards. No names or school logos should be visible on uniform.

1. White or Black chef coat
2. Black or checked chefs pants (black and white checkers only) of proper size. (No jeans or leggings)
3. Black closed-toe non-slip kitchen work shoes (Must wear proper shoes for safety may result in disqualification)
4. White Apron
5. Side towels
6. White Chef Hat or Hairnet

## Product Evaluation

## 1. Cookies

a. Should have excellent top crevices and evidence of proper mixing, even color and uniform shape and size
2. Galette
a. Pie dough is flakey, apple cuts are consistent, apples are cooked properly.
b. Uniform and visually appealing, taste is balanced and properly seasoned.
3. Pate a Choux/Creme
a. Dough:.
b. Pastry Crème:.
4. Cake Decoration
a. Icing
i. Symmetry - cake centered on board, final shape of cake, sides perpendicular to tape
ii. Opacity (no window or crumbs)
iii. Enough/too much icing
iv. Evenness of filling
b. Design Factor
i. Borders - even and symmetrical
ii. Design fits the cake (room for lettering, flower too big or small)
iii. Balance
iv. Use of flowers
c. Technique Factors
i. Borders - even spacing/ follow correct order
ii. Correct hand pressure to make desired shapes
iii. Types of flowers
iv. Lettering
v. Follow the directions on the cake order

## 5. Knife Skills

a. Peel, core and dice apples medium diced, place 4 pieces for evaluation on paper plate.

Contest will get more challenging at State and this is what the National Score Card could look like:

| Type | Skill Description | MAX <br> Score |
| :--- | :--- | ---: |
| Standard | Written Skill Test RBA JB | 50 |
| Standard | Written Skill Test ACF CFPC | 50 |
| Standard | Oral Professional Assessment | 75 |
| Standard | 1-Soft Roll Dough | 100 |
| Standard | 2A - Puff Pastry Dough | 100 |
| Standard | 3 - Pâte à Choux | 100 |
| Standard | 4 - Cookie Cranberry Orange | 100 |
| Standard | 5 - Decorated Cake | 100 |
| Standard | 6C - Savory Galette | 100 |
| Standard | 7 - Crème Pâtissière | 100 |
| Standard | 8 - Knife Cuts | 100 |
| Standard | SkillsUSA Professional Development Test | 25 |
| Penalty | Clothing Penalty | -10 |
| Penalty | Resume Penalty | -10 |
| Penalty | Production Schedule | -10 |
| Tie | Determined by Technical Committee | 1 |
| Breaker |  |  |

## Supplies \& Equipment Guide

Equipment Supplied by the technical committee:
All ingredients for recipes
Cakes for decorating
Icings (buttercream and whipped)

## Equipment supplied by contestants:

Supplied by the competitor and may be subject to change based on the formulas for the current competition (at least one of each, but more per item than specified is acceptable)

| Paper plate for diced apple | Pastry Tip \#807 pate a choux | Ruler |
| :---: | :---: | :---: |
| Scale (battery operated) | Mixing bowls | Knives (if needed) |
| Spoons | Whisks | Cutting boards (if needed) |
| Measuring cups (NO GLASS) | Scissors | Bowl scrapers |
| Pastry bags \& decorating tips | Spatulas | Bench scrapers |
| Rolling pins | Timer(s) | 2 -1/2 sheet pans |
| Kitchen towels | Hot pads | Disposable Gloves |
| Sanitizing bucket | Pastry cutter | Serrated knife |
| Parchment paper | Measuring spoons | Cake turn table |
| Plastic wrap | Icing colors | Foil |
| Pastry brush | Angled spatulas | Marker (to label items) |
| Boxes to take items home | Cake board (for cake) - 12" | Strainer |
| Cake decorating supplies | $6 "$ Cake circle or cutter for <br> galette | Stand Mixer w/proper <br> attachments needed |
| Sauce pan | Cookie Cutters 4" round | Small Mixing bowls to color icing <br> Pan Spray |

Note: Any equipment not listed here may not be allowed by the judges if it is deemed to be advantageous to the student. Items such as cake levelers, molds, stencils, pre- made icings or flowers, fondant, gum paste, pastillage and cake combs will not be allowed. Feel free to bring any other simple kitchen equipment.

## Recipes

## Cake Decorating

Source: RBA
Each student is provided 18 " round cake and white icing.
This is your cake order.

Customer Name: Ms. Sarah Jones
Day Wanted: Thursday
Date Wanted: 6/22/24
Phone: 651-876-4321

Size: 8" round (provided), split and filled with red jelly filling. Filling is provided.
Icing: Use icing provided
Colors: Yellow roses, green leaves
Flower Type: Spray of roses- 3 to 5
Inscription: Happy Birthday Mickye
Special instructions:

1. Scale no more than 1.5 lbs . of whipped topping. Use whipped topping for icing the cake.
2. Prepare colors and bags. Use butter cream icing provided for roses
a. Contestant may add the tips to their bags during their mise en place
3. Pipe white border -1 shell border, 1 border of your choosing.
4. Do not comb sides
5. Vines may be allowed and will not affect scoring

## Sugar Cookies

Source: Fleckensteins's Bakery

| Raw Ingredients | LB | OZ | Instructions |
| :---: | :---: | :---: | :--- |
| Sugar |  | 10 | Cream ingredients to soft mix |
| Salt |  | .14 |  |
| Butter |  | 8 |  |
| Eggs, whole |  | 3.3 | Add eggs and vanilla in two stages and <br> cream in. |
| Vanilla |  | .15 |  |
| Bread Flour |  | 17 | Sift flour and baking powder together and <br> add |
| Baking Powder |  | .42 |  |

1. Roll dough to approximately $1 / 4$ inch thickness on canvas or wax paper lightly dusted with flour
2. Use parchment-lined baking sheets
3. Cut out at least 2 dozen cookies
4. Sprinkle with granulated sugar
5. Bake at 375*f (conventional) and 350*f (convection)
6. Display 6 cookies

## Apple Galette

| Raw Material | LB | OZ | Instruction |
| :--- | :--- | :--- | :--- |
| Galette <br> Dough (AN) | 2 | 6.42 | Using the prepared dough, roll out to $1 / 8$ inch thick, using a <br> 6 inch ring cutter, cut out 6 circles. If needed reuse scrap <br> dough and roll out again |
| Galette Filling <br> (AN) | 2 | 11.05 | Place 4 oz. of filling in the center of tart dough, leaving $11 / 2$ <br> inches of dough exposed around the edges |
| Egg (1 whole) ea. |  |  | Fold the uncovered boarder of dough over the filling, slightly <br> overlapping each fold. |
| Milk |  | Place each Galette onto a parchment lined sheet pan. Please <br> write your contestant number on the parchment |  |
| Granulated <br> Sugar (ANe the galete by whisking an egg with mill to make an <br> egg wash, then egg wash the galette and sprinkle with sugar |  |  |  |
|  |  |  | Bake at 400 degrees in a deck oven, rotate the pan if <br> necessary for even bake. Display 3 of the galettes. Reserve <br> the other 3 |

## Dough

| Raw Material | LB | OZ | Instruction |
| :--- | :--- | :--- | :--- |
| Butter | 1 |  | lnto a large bowl sift on the flour. Dice the butter into 3/8 <br> inch dice, add the butter to the flour, cut the butter into the <br> flour. Until the desired consistency is reached. |
| All-Purpose Flour | 1 |  | Dissolve the salt into the cold water and add the flour mixing <br> gently until the dough holds together. Do not over mix. |
| Salt |  | 0.42 | Cover the dough with plastic wrap and chill well before using, <br> Please write your contestant number on the wrap. |
| Water, Ice Cold |  | 6.00 | Reserve for the Galette. |

## Filling

| Raw Ingredients | Lb | Oz. |  |
| :--- | :--- | :--- | :--- |
| Apple, peeled, <br> cored, and diced <br> medium dice. | 2 | 0.1 | Peel and core and dice apples medium diced, place 4 <br> pieces for evaluation on paper plate. And place your <br> contestant \# on plate and place on display table. (knife skills) |
| Butter |  | 2.00 | In a sauce pan add apples and let them brown slightly. <br> Sugar |
| Cinnamon ( 1 tsp.) |  | 0.00 | Add the butter and let melt to loosen apples from bottom of <br> pan. |
| Vanilla |  | 1.00 | Add the cinnamon and vanilla mix in to apples then add the <br> water and apple juice to pan |
| Water |  | 2.00 | Remove from heat and place in a container over an ice bath. |
| Apple Juice |  | 2.00 | Use to fill Galettes. |

## Pâte à Choux

| Ingredients | Pounds | Oz ounces | Bakers \% | Grams |  |  |
| :--- | :--- | :--- | :--- | :--- | :---: | :---: |
| Water |  | 6.95 | 100 | 197 |  |  |
| Milk |  | 6.95 | 100 | 197 |  |  |
| Sugar |  | 0.17 | 3 | 5 |  |  |
| Salt |  | 0.17 | 3 | 5 |  |  |
| Butter |  | 6.95 | 100 | 197 |  |  |
| Flour, All Purpose | 13.86 | 100 | 197 |  |  |  |
| Eggs |  | 200 | 393 |  |  |  |
| Total Formula Weight | 2 | 10 |  | 606 |  | 1191 |

1. Combine the water, milk, sugar, salt and butter in a sauce pot and bring to a boil.
2. Add the flour and cook until the mixture appears drier and begins to stick to the bottom of the pot.
3. Remove from the heat and place in a mixing bowl with a paddle.
4. Mix the panade slightly to cool, slowly start to add the eggs in stages. Scrape the bowl between each addition. Continue adding the eggs in stages the eggs and mix until the desired consistency is reached.
5. Using tip, pipe the mixture onto a paper lined sheet pan. For the eclair pipe four (4") inches long. Bag at least 12 eclairs. For the Cream Puff pipe a two ( $2^{\prime \prime}$ ) inch diameter ball. Bag at least 12 cream puffs.
6. Bake at 400 to $425^{\circ}$ in a deck oven for approximately 20 minutes. Rotate the pan and continue to bake until the puff and eclair are dried out.
7. Display all of the eclairs (2 filled, with no garnish and the 4 unfilled). Display all the cream puffs (2 filled with no garnish and the 4 unfilled).

## Crème Patissiers

| Ingredients | Pounds | Oz ounces | Bakers \% | Grams |
| :--- | :---: | :---: | :---: | :---: |
| Dairy, Milk Whole | 1 | 0.00 |  | 454 |
| Sugar, Granulated (First Half) |  | 2.00 |  | 57 |
| Egg, Yolks (Large) (1.25 oz or $35.5 \mathrm{~g} \mathrm{=} \mathrm{2} \mathrm{yolks)}$ |  | 1.25 |  | 35 |
| Egg, Whole (Large) (1.75 oz or 50g=1 Whole Egg) |  | 1.75 |  | 50 |
| Corn Starch |  | 1.25 |  | 35 |
| Sugar, Granulated (Second Half) |  | 2.00 |  | 57 |
| Dairy, Butter Sweet Unsalted |  | 1.00 |  | 28 |
| Total Formula Weight |  | 1 | 9.5 |  |

1. Prepare your mise-en-place, by assembling your equipment and supplies.
2. In a stainless steel bowl, with a wire whip beat the egg yolks and whole eggs.
3. Sift the cornstarch and half of the first half of the sugar into the bowl with the eggs. Using the whip mix until lemony yellow.
4. In a heavy stainless steel saucepan/pot, dissolve the the other half of the sugar with the milk, and bring just to a boil.
5. Temper the egg mixture by slowly beating the hot milk into the eggs mixture.
6. Return the mixture back to the heat and bring back to a boil. Using a rubber spatula stir constantly.
7. When the mixture comes to a boil and thickens, remove from the heat.
8. Add the butter and vanilla and mix well.
9. Pour the hot Creme Patissiere into a clean sanitized shallow stainless or plastic container.
10. Cover the top with plastic wrap, making sure that the wrap touches the creme. Remember to write your contestant number on the container.
11. Cool as quickly as possible. You may use an ice bath or place in the refrigerator. When the Creme Patissiere is cool use as needed.
12. Place approximately $60 \mathrm{~g}(2 \mathrm{oz})$ of your Creme Patissiere for evaluation on a provided plate. Please write your contestant number on the plate and place on the display table. Please cover with plastic
